# **GI and Surgery VIVAs (Pathology)**



Aug 2015

# 2014.2.C.2

Question 2 Acute Pancreatitis (pp 893-896) Subject: Path LOA: 1	What are the potential causes of this man's pancreatitis?	Gallstones, alcohol, iatrogenic, viral, hyperlipoproteinaemia, hypercalcaemia, drugs, trauma, shock, vasculitis, genetic mutations, scorpion bite, atheroembolism, duct obstruction (tumour, parasites etc)	1. Bold plus 1
	2. What is the likely pathogenesis of acute pancreatitis?	2. Autodigestion of the pancreatic substance by inappropriately activated pancreatic enzymes, eg trypsinogen	2. Bold
	3. What are the acute complications of severe pancreatitis?	Causes interstitial inflammation and oedema, proteolysis, fat necrosis and haemorrhage  3. Haemolysis, DIC, fluid sequestration, ARDS, diffuse fat necrosis. Peripheral vascular collapse; shock; acute renal tubular necrosis	3. 3 answers to pass

# 2014.2.C.3

Question 4	What conditions can lead to infarction of	1. Acute arterial obstruction	BOLD to pass
Ischaemic Bowel	bowel	Atherosclerosis, Aortic aneurysm,	Minimum 2 from each bolded
(pp 791-793)		Hypercoagulable state, OCP use, Embolism	group
		2. Intestinal hypoperfusion	
Subject: Path		cardiac failure, shock, dehydration, vasoactive	
		drugs	
LOA: 1			
		systemic vasculitis	2 from non-bolded
		HSP, Wegeners granulomatosis	
		Mesenteric venous thrombosis	
		Hypercoagulable state, Invasive neoplasm,	
		Cirrhosis, Trauma, Abdominal masses	
		And the second s	
		Miscellaneous	
		Radiation, Volvulus, Stricture, Amyloid, diabetes	
	What are the clinical features of	Severe pain, may be transient. Tenderness,	Bold + 3 features
	ischaemic bowel?	peritonism, nausea, vomiting, bloody diarrhoea,	bold 1 5 leatures
	ischie inc sower	melaena, shock, hyper/hypothermia, sepsis	
		354 (527-111)	FIGURE SHOWING A SECOND
	What parts of the bowel are most	Watershed zones	Must be able to explain why
	susceptible to ischemic injury	- Splenic flexure, sigmoid colon, rectum	watershed zones are most at
	And why?	- Located at end of arterial supply	risk
		Surface epithelium : Villi more at risk than crypts	
		Intestinal capillaries run from crypts up villi to surface	
		Surface	1

#### 2014.2.D.3

Describe the pathological effects on the liver long-term alcohol ingestion.	Steatosis: fatty change, perivenular fibrosis	Bold with 3 morphologic features of each to pass.
DROMART, please describe the marphological	2. Hepatitis: liver cell necrosis, inflammation, Mallory	
features	3. Cirrhosis: extensive fibrosis, hyperplastic nodules	
Which of these conditions reversible?	Steatosis and Hepatitis are reversible. Cirrhosis irreversible.	Bold to pass
3. What are the possible sequelae of cirrhosis? Prompt: Complications?	Portal Hypertension, GIT Bleeding, Hepatic Failure, Coagulopathy, Hepatocellular Ca, Hepatorenal Syndrome, Hepatopulmonary Syndrome, Encephalopathy, Infection	Bold plus 3
	PROMPT: please describe the morphological features  2. Which of these conditions reversible?  3. What are the possible sequelae of cirrhosis?	ROMPT: please describe the morphological features   2. Hepatitis: liver cell necrosis, inflammation, Mallory bodies, fatty change, fibrosis   3. Cirrhosis: extensive fibrosis, hyperplastic nodules   4. (Hepatocellular carcinoma)   2. Which of these conditions reversible?   Steatosis and Hepatitis are reversible. Cirrhosis irreversible.   Portal Hypertension, GIT Bleeding, Hepatic Failure, Coagulopathy, Hepatocellular Ca, Hepatorenal Syndrome, Hepatopulmonary Syndrome,

#### 2014.1.D.2

Question 3	(a) Describe the pathogenesis of acute	(a) Chemical irritation of obstructed GB	(a) Bold + 2/6
Cholecystitis	calculous cholecystitis.		
Subject: Path LOA: 1		<ul> <li>Mucosal phospholipases hydrolyse luminal lecithins to toxic lysolecithins</li> <li>Protective glycoprotein mucus layer disrupted</li> <li>Allows Bile salts to have detergent action on exposed mucosal epithelium</li> <li>PGs contribute to inflammation</li> <li>GB dysmotility develops</li> <li>Distension and increased intraluminal pressure decreases mucosal blood flow</li> </ul>	
	(b) What are the complications of cholecystitis?	(b) Bacterial infection - cholangitis / sepsis	(b) Bold + 2/4
		Perforation and localised abscess	
		<ul> <li>Rupture and peritonitis</li> </ul>	
		Biliary fistula	
		Porcelain gallbladder	

## 2013.2.A.1

Pathology: Abdominal Aortic Aneurysms	<ol> <li>What are the risk factors for development of abdominal aortic aneurysms?</li> </ol>	Male; Smoking; Age > 60; Family History; Connective tissue disease (eg. Ehlers Danlos); Vasculitis; Hypertension, Diabetes; Atherosclerosis	5 to pass
	Describe the pathogenesis of AAA formation	Atherosclerotic plaque in intima compresses media with degeneration and weakness of wall and cystic medial degradation Local inflammation Proteolytic enzymes with collagen degradation -role of matrix metalloproteinases (MMP). Loss of vascular smooth muscle cells. Inappropriate Synthesis of non-elastic ECM	2 of 3 bold to pass
	3. What are the clinical consequences of an AAA?	Rupture: increase with diameter (higher if >5cm) & can be retroperitoneal OR intra peritoneal with rapid fatal haemorrhage  Obstruction: ischaemia from branch vessel obstruction eg. mesenteric, vertebral, renal  Embolism: plaque or thrombus  Impingement or compression of adjacent structure (eg. ureter)  Painless mass	Bold and 2 others.

Question 4	1. What are the organisms that cause	1. Bacterial - E.coli, Salmonella, Shigella, Campylobacter, C.difficile, Cholera, Yersinia,	Bold with 1 bact & 1
Infective	infectious enterocolitis?	Mycobacteria	viral
enterocolitis		Viral- Norovirus, Rotavirus, Adenovirus	3 examples total
LOA: 2		Parasitic- Giardia, Amoeba, Cryptosporidium, other (nematodes, cestodes, trematodes)	
	2. What is pseudomembranous	2. Colitis caused by overgrowth of C. difficile ( also Salmonella, C.perfringens typeA,	
	colitis?	S.aureus)	Bold
		Associated with antibiotic use	
		Forms a pseudomembrane made up of adherent layer of inflammatory cells and debris	
	3. What are the risk factors for	3. Risk factors- advanced age, hospitalisation, antibiotic treatment	
	development of pseudomembranous		
	colitis?		2/3 Bold
	What are the clinical features of	30% hospitalised patients colonised, but most aymptomatic	
	pseudomembranous colitis?	Fever, leucocytosis, abdominal pain, cramps, hypoalbuminaemia, watery diarrhoea,	
		dehydration, rarely gross bloody diarrhoea	Bold
		Diagnosis-usually detection of toxin	
		Treat with metronidazole, vancomycin	

## 2013.1.3

Question 4	1/What are the causes of	1/ Incr resistance to portal blood flow	Bold.
Portal Hypertension	portal hypertension?	Prehepatic – portal vein thrombosis or narrowing	One from each
LOA: 2		Hepatic – ( most important)- cirrhosis, massive fatty change, schistosomiasis, granulomatous	other group
	May need to prompt for	disease eg sarcoid/Tb	
	examples/classification.	Post hepatic - severe RHF, constrictive pericarditis hepatic vein occlusion	
	2/What are the clinical	2/ Ascites – with potential for infection	2/4 bold
	consequences of portal	Porto-systemic shunts: varices, haemorrhoids, spider naevi	1
	hypertension?	Congestive splenomegaly – thrombocytopaenia/pancytopaenia Hepatic encephalopathy	
	3/What mechanisms are	3/ Sinusoldal hypertension – Starling forces : Incr pressure and decr albumin	2/3 concepts
	involved in the formation of	Incr formation of hepatic lymph – exceeds capacity of thoracic duct- percolates into peritoneum	,
	Ascites?	Splanchnic vasodilation with dec BP=> Renal retention of sodium and water due to secondary hyperaldosteronism	

# 2012.2.1

05	1 Describe the nathogenesis of	1. Disruption of protective mucous layer, bile salt detergent	Concept and gallstones and
Q5 Cholecystitis LOA 2	Describe the pathogenesis of acute cholecystitis     Prompt: what is the pathogenesis of acute calculous cholecystitis?  Prompt: What are the risk factors for acalculous cholecystitis?  What is the role of bacterial	1. Disruption of protective mucous layer, bile salt detergent action -> irritation and inflammation (occurs in absence of bacterial infection initially) 90% due to gallstone obstruction of neck or cystic duct; 10% acalculus cholecystitis  Acalculous - Occurs in severely ill people, thought to be due to ischaemia (risk factors septic shock, immunosuppression, diabetes) burns, trauma  2. Often late	Concept and galistones and acalculous to pass.  Recognition of immunosuppression or critical illness to pass.  Initial chemical irritation then bacterial superinfection.
	infection in acute cholecystitis?		

# 2012.2.3

Q4 Cholelithiasis LOA: 2	What are the risk factors for the development of cholesterol stones?	1.Age, Gender – 25% in the > 80 yo, women > men; Environmental factors – OC, pregnancy – increase expression of hepatic lipoprotein receptors and stimulates hepatic HMG-CoA reductase – enhancing cholesterol uptake and synthesis. Obesity, rapid weight loss.; Acquired disorders – gallbladder stasis – neurogenic or hormonal; Hereditary factors – e.g. genetic factors encoding for hepatocyte proteins that transport biliary lipids - ATP-binding cassette (ABC) transporters.	3 of 5 bolded.
	Describe the pathogenesis of cholesterol stone formation.	Requires the following simultaneous conditions:     Bile supersaturated with cholesterol; Hypomotility of gall bladder;     Cholesterol crystal nucleation – accelerated; Hypersecretion of mucus in the gall bladder traps crystals – aggregation into stones	Bolded and displays understanding of concept

Question 3 Jaundice LOA: 1	Outline the normal metabolism and elimination of bilirubin?	Bilirubin production from heme (breakdown of senescent erythrocytes)  2. Binds to serum albumin and delivered to liver.  3. Hepatocellular uptake.  4. Glucuronidation – bilirubin glucuronides excreted into bile.  5. Gut deconjugation – colourless urobilinogens. These and pigment residues excreted in faeces. ~20% urobilinogens reabsorbed in ileum and colon and returned to liver. Small amount of reabsorbed urobilinogen excreted in urine	three of bold to pass
	What are the common causes of jaundice? (Prompt for bold)	Disorders that affect the production and metabolism of bilirubin:  1. Predominantly unconjugated: ↑ Production (haemolyisis; resorption of blood from internal haemorrhage; ineffective erythropoiesis); ↓ hepatocyte uptake (drug interference with membrane carrier systems; Gilbert syndrome – some cases); impaired bilirubin conjugation (physiological jaundice of newborn - ↓ UGTA1 activity; breast milk jaundice - β-glucuronidases; genetic deficiency of UGTA1 (Crigler-Najjar); Gilbert syndrome (autosomal recessive ↓ UGTA1 activity); hepatitis (diffuse hepatocellular disease eg viral; drugs; cirrhosis).	Bold to pass
		2. Predominantly conjugated: impaired bile flow; deficiency of canalicular membrane transporters (Dubin-Johnson syndrome; Rotor syndrome)	

#### 2012.1.3

Question 5	What are the morphological features	Parenchymal fibrosis, reduced number and size of acini with relative sparing of islets of Langerhans.  Variable dilation +- blockage of pancreatic ducts. Destruction of exocrine parenchyma and in later	Any 3.
Chronic Pancreatitis	of chronic pancreatitis?	stages destruction of endocrine parenchyma. Calcification.	
	What are the clinical consequences?	Irreversible impairment of pancreatic function including: Diabetes; Steatorrhea; Malabsorption chronic attack not immediately life threatening but long term outlook poor( 50% 20-25 mortality) Disease may be silent.  Amylase, lipase may not raise in chronic attack	Any 3
		Pseudocyst	

#### 2011.2.2

Question 4	<ol> <li>Describe the potential effects on the liver of long-term excessive alcohol ingestion.</li> </ol>	Steatosis: fatty change, perivascular fibrosis     Hepatitis: liver cell necrosis, inflammatory	Bold with some pathological features of each to pass.
LOA: 2	PROMPT: Ask for morphological features if just list names of conditions	response, Mallory bodies, fatty change, fibrosis 3. Cirrhosis: extensive fibrosis, hyperplastic nodules 4. (Hepatocellular carcinoma)	*:
	2 Are any of these conditions reversible with abstinence from alcohol?	2 Steatosis and Hepatitis are reversible. Cirrhosis irreversible.	Bold Must know that cirrhosis is irreversible injury.
	3 What are the sequelae of liver cirrhosis?	3 Portal hypertension, GIT bleeding, hepatocellular carcinoma, hepatorenal syndrome, coagulopathy Encephalopathy, infection	Portal hypertension and 2 Bold
0 11 5	11 15 16 16	0	D.14

## 2011.1.2

Question 4. Chronic gastritis	What are the causes of chronic gastritis?	H Pylori     Chronic bile reflux     NSAIDS     Autoimmune     Allergic response     Infections     Radiation	Mechanical     Psychological stress     Chronic irritants (coffee, alcohol, caffeine)     Systemic disease     (Crohns, amyloid, graft vs host)	H pylori + 2 others
	2. Describe the features of H pylori induced chronic gastritis	Most common cause     predominantly antral     High acid production     Hypogastrinaemia     Generates ammonia (specific test)     Disruption normal mucosal defence mechanisms		2/5
	3. What are the complications of gastric ulcer?	Bleeding (15-20%) O Accounts for 25% of ulcer deaths Perforation Obstruction Gastric adenocarcinoma (complication of chronic H. Pylori pangastritis)		2/3

Question 4. Ischaemic bowel disease	What conditions can lead to infarction of bowel?  PROMPT; by what mechanisms do these conditions cause injury	Acute vascular obstruction -atherosclerosis (esp. origin major vessels) -aortic aneurysm -hypercoagulable states -OC use -embolism Intestinal hypoperfusion -cardiac failure -shock -dehydration -vasoconstrictive drugs	Systemic vasculitis  -Henoch-Scholein purpura -Wegener's granulomatosis Mesenteric venous thrombosis -hypercoagulable states -invasive neoplasms -cirrhosis -trauma -abdominal masses	Bolded headings with 4 clinical examples to pass
	Describe the intestinal response to an acute ischaemic insult.  Prompt: what is the mechanism by which ischaemic bowel injury occurs?	Initial hypoxic injury     Secondary reperfusion injury     major injury in this phase     free radical production, neutrophil infiltration, inflammatory mediator release     Magnitude of response determined by     vessels affected     timeframe over which ischaemia develops		Must know that it is predominantly a reperfusion type injury
	3. Which parts of the bowel are most susceptible to acute ischaemic injury and why?	Watershed zones -splenic flexure, sigmoid colon and rectum -located at end of arterial supply  Surface epithelium: Villi more at risk than crypts -intestinal caps run from crypts up villi to surface		Must be able to explain why watershed zones are most susceptible to injury.

## 2011.1.3

Question 5. Hepatic Failure	1 What are the causes of acute liver failure?	Drugs and toxins:     Paracetamol, halothane, rifampicin, mushrooms, CCL4     Infections:     hepatitis A, B and (rarely) C.  Mechanism: direct toxic eg paracetamol,mushrooms Or toxicity and/or immune mediated eg Hepatitis virus	3 causes - at least I drug and 1 infection
	2. What are the clinical features of liver failure?	Jaundice     Ascites     Hypoalbuminaemia     Hyperammonemia→ encephalopathy     Coagulopathy     Portal hypertension     Foetor hepaticus     Spider naevi     Palmar erythema     Hypogonadadism + gynaecomastia	At least 5 features
	OPTIONAL ( Good candidates) What do you understand by hepato-renal syndrome?	Renal failure in pt with severe chronic liver disease with no obvious cause for the renal failure.  Features include: Na retention Impaired free water excretion Decreased renal perfusion and GFR	Any features

#### 2010.2.2

	1. What are the	1.1. One of two disorders that compromise inflammatory bowel disease (IBD)	1. Bold (+ 2)
Question 2.3	pathological features o	1.2. Severe ulcerating inflammatory disease	
	Ulcerative Colitis?	1.3. Limited to colon and rectum.	
Ulcerative Colitis	West Assessment of Countries of	1.3.1. Continuous distribution (Starts in colon and extends continuously - No skip lesions)	
		1.3.2. Extends only into mucosa and submucosa (ie not trans mural)	
		<ol> <li>Pancolitis if entire colon affected, limited distal disease eg ulcerative proctitis</li> </ol>	
		1.4. Superficial broad based ulcers	
		1.5. Pseudopolyps	
		1.6. Malignant potential	
		1.7. Toxic megacolon	
	2. What extra-intestinal	2. Extra-intestinal Manifestations	2.
	manifestations occur in	2.1. Polyarthritis,	4 for pass
	ulcerative colitis?	2.2. sacrolliitis, ankylosing spondylitis	
		2.3. Uveitis	
		2.4. Skin lesions	1
		2.5. Pericholangitis	
		2.6. Primary sclerosing cholangitis	Ц

#### 2010.2.3

	Describe the	1.1. Disruption of normal bowel flora (ab's – esp. 3 <sup>rd</sup> gen ceph) allowing overgrowth of C. difficile	1. Toxin +
Question 3.3	pathogenesis of	1.2. C. difficile elaborates toxins that cause:	one
	pseudomembranous	1.2.1. Ribosylation of small GTPases	otherbold
seudo-	colitis.	1.2.2. Disruption of epithelial cytoskeleton	+ 1 other
membranous	59-80/8000	1.2.3. Tight junction barrier loss	(1.3 to 1.7)
Colitis		1.2.4. Cytokine release	85.1
		1.2.5. Apoptosis	
	2. What are the clinical	1.3. Denuded surface epithelium	
	features of	1.4. Superficial lamina propria contains dense infiltrate of neutrophils & occasional fibrin thrombi in capillaries	
	pseudomembranous	1.5. Damaged crypts are distended by mucopurulent exudates that erupt "volcanically"	
	colitis?	1.6. Coalesce to form the pseudomembrane	
	3. What is the	<ol><li>Causes fever, (leukocytosis), profuse watery diarrhoea, abdo pain</li></ol>	2. 2/3
	pseudomembrane?	3. Pseudomembrane is an adherent layer of inflammatory cells and debris at sites of colonic mucosal injury	3. bold

#### 2010.2.3

	Describe the	Acute Calculous (90% of all)	1.
Question 3.4	pathogenesis of acute	1.1. Obstruction by stones, stasis- activates hydrolases	3/6
	calculous cholecystitis	1.2. Lecithins -> (mucosal Phospholipases) -> lysolecithins	
Cholecystitis	NUSC 0.50 V P. CONT. N. C. 195 CANAD P. C. S. C. S. C. S.	1.3. Disrupts glycoprotein mucous -> epithelium exposed to bile salts	
		1.4. Prostaglandin release -> inflammation, mucosal and mural	
		1.5. Dysmotility & raised intraluminal pressure	
		1.6. Bacterial infection secondary to stasis	
	2. How does acalculous	2. Acalculous (10%) – rarer, in predisposed individuals, slower often masked	
	cholecystitis differ from	2.1. Ischaemia, end arteries (cystic)	
	this?	2.2. Other promoting features - sludging micro-crystals, stasis, local inflammation, distension	2.
		2.3. Sepsis with hypotension, immunosuppression, major trauma and burns, diabetes, infection, severe atherosclerosis	3/6
	<ol><li>Describe the clinical</li></ol>	(drugs/ABs- ? vasculitic).	
	features of acute	3. Right upper quadrant or epigastric pain,	
	cholecystitis.	3.1. Mild fever, anorexia, tachycardia, sweating, nausea, and vomiting, tender RUQ (Murphy's)	3. 4/7

## 2010.2.4

	1. What is the aetiology of	1.1 Metabolic - Alcohol 5% (UK), 65% (US), M:F = 6:1, drugs eg. azothioprine, hyperlipoproteinemia, hypercalcaemia,	1.
Question 4.2	acute pancreatitis?	1.2 Genetic – trypsinogen and trypsin genes	Bold + 2 of
		1.3 Mechanical - Gallstones 35-60%, M:F = 1:3, trauma, iatrogenic/intraoperative/ERCP	the other
Acute		1.4 Vascular – shock, atherosclerosis, vasculitis	
Pancreatitis		1.5 Infectious – mumps	causes
	2. What is the suggested	2.	from
	pathogenesis of acute	2.1 Autodigestion of pancreatic substance by inappropriately activated pancreatic enzymes	different
	pancreatitis?	2.2 3 mechanisms	groups
	200	2.2.1 Pancreatic duct obstruction eg. by impacted gallstone => accumulation of lipase in interstitium => local fat	(058-34-1
		necrosis => release of proinflammatory cytokines => leaky vessels + oedema => vascular insufficiency and ischaemic	2.1
		damage to acinar cells	Bold to
		2.2.2 Primary acinar cell injury eg. alcohol, mumps, trauma, drugs, organ insufficiency aftershock/ischaemia	pass
		2.2.3 Defective intracellular transport of proenzymes within acinar cells – digestive enzymes and lysosomal hydrolases	
		intermingled causing release of activated enzymes. Human mechanism not clear.	2.2
		3	2 of 3 bold
	<ol><li>What are the laboratory</li></ol>	3.1 Marked elevation of serum amylase in first 24 hours	2 013 0010
	findings of acute	3.2 Rising serum lipase within 72-96 hours	
	pancreatitis?	3.3 Glycosuria – 10% cases	3.
		3.4 Hypocalcaemia – poor prognostic sign if persistent	Bold + 2
		3.5 Leukocytosis	others to
		3.6 Acute renal failure	pass

#### 2010.2.4

	1.	Describe the	Structure or function of the vascular wall connective tissue is compromised	1.	2/3 bold, 2
Question 4.3		pathogenesis of an	1.1. Poor intrinsic quality of the vascular wall connective tissue eg Marfan syndrome, Ehlers-Danlos		examples
		aneurysm	1.2. Collagen degradation vs synthesis by local inflammation ( proteolytic enzymes) eg atherosclerotic plaque, vasculitis,		
Abdominal Aortic Aneurysm			<ol> <li>Loss of vascular smooth muscle cells or the inappropriate synthesis of noncollagenous or nonelastic ECM (cystic medial degeneration)</li> </ol>		
	2.	What are the clinical	2.		
		consequences of an	2.1. Rupture into the peritoneal cavity or retroperitoneal tissues with massive, potentially fatal haemorrhage	2.	3 out of 5
		AAA?	2.2. Obstruction of a branch vessel resulting in ischemic injury, eg. iliac, renal, mesenteric, or vertebral arteries		
			2.3. Embolism from atheroma or mural thrombus		
			2.4. Impingement on an adjacent structure, e.g. ureter, vertebrae		
			2.5. Nothing (if < 4cm and no embolic complic's)		
			3. Related to size -	3.	Low < 5cm,
	3.	What is the risk of	3.1 4 cm or less in diameter nil	1.29	much
	55-500	rupture of an AAA?	3.2 between 4 and 5 cm 1% per year		higher >
			3.3 between 5 and 6 cm 11% per year		5cm
			3.4 greater than 6 cm in diameter 25% per year		

Question 4: Portal Hypertension	Classify portal hypertension giving examples for each.  Prompt for most important hepatic cause.	Increased resistance to portal blood flow classified as:  - Pre hepatic: portal vein thrombosis or narrowing  - *Hepatic: cirrhosis, granulomatous disease, massive fatty change, schisto, nodular regenerative hyperplasia  - Post hepatic, R heart failure, constrictive pericarditis, hepatic vein occlusion	3 groups including hepatic. Cirrhosis and one other cause
	2. What are the major clinical consequences of portal hypertension due to cirrhosis?	Ascites: with potential for infection     Porto systemic venous shunts: varices > upper GI bleed. Other sites e.g caput, h'roids, retroperit.     Splenomegaly: thrombocytopenia     Hepatic encephalopathy > coma	At least 3 consequences
	What mechanism are involved in the formation of ascites?	Starlings forces: increased pressure, decreased albumin     Increased formation of hepatic lymph overwhelms thoracic duct drainage > percolation into peritoneum     Intestinal fluid leak: ^pressure in intestinal capillaries and osmotic effect of protein rich ascitic fluid     Renal retention of Na and H2O due to 2ndary ^aldosterone.	Starlings forces and one other

# 2009.2

Question 4: Ischemic bowel	1. What are the predisposing conditions for the development of ischemic bowel?  Non-occlusive ischaemia  cardiac failure  shock dehydration vaso constrictive drugs  Miscellaneous radiation volvulus stricture amyloid diabetes internal or external herniation	Arterial thrombosis  artherosclerosis.  vasculitis  aortic dissection  iatrogenic – angiography or aortic reconstruction  Hypercoagulable state.  Oral Contraceptive Pill  Arterial embolism.  SBE  Angiography Aortic atheroembolism  Venous Thombosis  Hypercoagulation  OCP  AT III deficiency. Intraperitoneal sepsis Post-operative Invasive neoplasms cirrhosis abdominal trauma	Simple list of 6 or more must contain examples of each of first 3 categories = straight pass  headings + good examples of each = better pass.
	What are the clinical features of transmural infarction?	Pain Tenderness Nausea Vomiting Bloody diarrhoea, melanotic stool Shock Vascular collapse Absent bowel sounds Abdominal rigidity	Pain + any other 3 to pass

# 2009.1

Question 5: Crohn disease	What are the pathological features of Crohn disease?	Transmural inflammation of bowel with skip lesions     Noncaseating granulomata     Fissures and fistulae	2/3 Bold needed
	What are the extraintestinal manifestations of Crohn disease?	Migrating polyarthritis, sacroiliitis, ank spondylitis, erythema nodosa, finger clubbing, sclerosing cholangitis (uncommon), Uveitis, mild hepatic pericholangitis, renal disorders due to trapping of the ureters (uncommon). Systemic amyloidosis (rare) Gl tract cancer (less common than UC). May occur prior to intestinal symptoms.	At least three systems  Prompt: What other inflammatory conditions may be seen in Crohn disease?

## 2009.2

Question 4:	a. What are the causes of acute pancreatitis?	Metabolic     o Includes alcohol      Mechanical     o gallstones     o trauma      Vascular     Infectious     Idiopathic (probably genetic basis)	Identify alcohol and gallstones plus two others to pass.
	b. Describe the pathogenesis of acute pancreatitis	Arises as a result of autodigestion by inappropriately activated pancreatic enzymes.     Trypsinogen is activated to trypsin. This in turn activates prophospholipase and proelastase, prekallikrein thus activating kinin system, and Hageman factor thus activated clotting and complement systems.  Three potential pathways for initiation of	Autodigestion and key role of activation of trypsinogen as triggering factor to pass.
		pancreatic pathways:  a. pancreatic duct obstruction  b. primary acinar cell injury  c. defective intracellular transport of proenzymes within acinar cells	

# 2008.1

Q4. Peptic ulcer disease.	By what mechanisms may Helicobacter pylori cause peptic ulcers?	<ul> <li>1.H. pylori secretes <u>urease</u>, which generates free ammonia; and a <u>protease</u> which breaks down glycoproteins in the gastric mucosa.</li> <li>2. H. pylori makes <u>phospholipases</u> →damage surface</li> </ul>	Prompt: What does H. pylori produce which can help cause ulceration?
		epithelial cells glycoprotein complexes.  3.H. pylori enhances gastric secretion and impairs duodenal bicarbonate secretion. This enhances metaplasia.  4. Several H. pylori proteins are immunogenic—evokes strong immune response in the mucosa. Activated T and B cells are both seen in chronic gastritis caused by H. pylori.  5. Thrombotic occlusion of surface capillaries is promoted by a bacterial platelet activating factor.  6. Other antigens (including lipopolysaccharide) recruit inflammatory cells to the mucosa.  7. Damage to the mucosa is thought to permit leakage of tissue nutrients into the surface microenvironment, thereby sustaining the bacillus.	Pass criteria: need to say it involves immunogenic response.
	What complications may arise from peptic ulcer disease?	Bleeding (15-20% of patients), →25% of ulcer deaths     Perforation     ~5% of patients     —2/3 of ulcer deaths      Obstruction from oedema and or scarring     ~2% of patients     Mostly due to pyloric channel ulcers     Rarely causes complete obstruction with intractable vomiting & incapacitating, crampy abdominal pain	Pass criteria: 2/3