### **Section 1**

### **Nerves and Muscles**

- 1 With reference to the action potential:
  - a) decreasing the external Na<sup>+</sup> concentration increases the size of the action potential
  - b) decreasing the external K<sup>+</sup> concentration decreases the resting membrane potential
  - c) increasing the external Na<sup>+</sup> concentration decreases the resting membrane potential
  - d) decreasing the external K<sup>+</sup> concentration has little effect on the resting membrane potential
  - e) none of the above are true
- 2 In the Erlanger and Gasser classification of nerve fibres:
  - a) C fibres have the fastest conduction velocity
  - b) Ay fibres are responsible for touch and pressure
  - c) C fibres are most susceptible to local anaesthetics
  - d) Aα fibres have the fastest conduction velocity and the longest absolute refractory period
  - e) A fibres are most susceptible to hypoxia
- 3 Regarding neurotrophins:
  - a) NGF and BDNF share the same receptor
  - b) the structure of the  $\beta$  subunit of NGF resembles that of insulin
  - c) CNTF is necessary for the growth and maintenance of sympathetic neurons
  - d) disruption of GDNF by gene knockout causes a marked loss of cutaneous mechanoreceptors
  - e) none of the above are true
- 4 Regarding cardiac muscle:
  - a) cardiac muscle has high ATPase activity
  - b) only the  $\alpha$  MHC isoform is found in the atria
  - c) resting membrane potential is about -70mV
  - d) force of contraction is mediated by catecholamines acting via  $\beta^1$ -adrenergic receptors
  - e) mutations of the human ether-a-go-go gene causes minks to shake their legs uncontrollably

- 5 Which of the following does not decrease smooth muscle membrane potential?
  - a) acetylcholine
  - b) stretch
  - c) cold
  - d) noradrenaline
  - e) parasympathetic stimulation
- 6 In regard to plasma volume:
  - a) it contributes to 10% of body weight
  - b) can easily be measured by radioisotope chromium
  - c) if the plasma volume is known, the blood volume can be calculated by multiplying 100-HCT/100
  - d) measured by injecting Evans blue
  - e) the average plasma volume is 500ml
- 7 Which of the following is FALSE?
  - a) the ECF represents 20% of body weight
  - b) the blood volume represents 8% of the body weight
  - c) the 2/3 of the body water is in ICF
  - d) 18% of the body weight is protein
  - e) the transcellular fluids contribute to 5% of the body weight
- 8 Which of the following is FALSE?
  - a) diffusion depends on concentration gradient of the solutes
  - b) osmotic pressure of a solution is inversely related to the volume of the solution
  - c) when 5% dextrose is infused, it becomes hypotonic to the plasma in the body
  - d) osmolality is defined as osmotically active particles in 1L of solution
  - e) osmolality is defined as a number of osmotically active particles in 1kg of solvent
- 9 Regarding cell membrane, which of the following is FALSE?
  - a) the diameter of the cell membrane is about 7.5nm
  - b) 50% of the cell membrane is made up of proteins
  - c) the main lipids of the cell membrane are phospholipids
  - d) the hydrophilic ends of the lipid molecules are faced towards the interior of the cell membrane
  - e) the proteins in the cell membrane function as carriers, ion channels, enzymes and receptors

- 10 Regarding mitochondria, which of the following is TRUE?
  - a) 99% of mitochondrial proteins are products of mitochondrial DNA
  - b) the outer membrane of the mitochondria is folded to form cristae
  - c) the space between the outer and inner mitochondrial space is called matrix space
  - d) it is the sperm which contributes to the formation of mitochondria in the zygote
  - e) the synthesis of ATP in the mitochondria is triggered by diffusion of H<sup>+</sup> from matrix to intracristal space
- 11 Which is FALSE?
  - a) fast fibres have small number of mitochondria
  - b) fast fibres are called white muscles
  - c) the glycolic processes are more important in energy supply in fast fibres
  - d) slow fibres are also called red fibres
  - e) fast fibres have more extensive blood supply than slow fibres
- 12 Smooth muscles differ from skeletal muscle by:
  - a) not having actin/myosin
  - b) not having striated appearance
  - c) not using ATP for contraction
  - d) not using Ca<sup>2+</sup> for contraction
  - e) not having sarcoplasmic reticulum
- 13 Which of the following is absent in smooth muscle?
  - a) tropomysin
  - b) actin
  - c) myosin
  - d) troponin
  - e) mitochondria
- 14 The highest number of voltage gated Na<sup>+</sup> channels are found in:
  - a) initial segment of axon
  - b) nodes of Ranvier
  - c) cell body
  - d) terminal buttons
  - e) myeline sheath
- 15 Which of the following nerve fibres is most susceptible to hypoxia?
  - a) group B
  - b) group C
  - c) group  $A \alpha$
  - d) dorsal root
  - e) somatic motor

- 16 Which of the following is most susceptible to pressure?
  - a) group A motor
  - b) group C
  - c) group B
  - d) pre ganglionic-autonomic
  - e) muscle spindle fibres
- 17 Regarding nerve action potential, which is TRUE?
  - a) normal resting membrane potential is -40mV
  - b) initial rapid depolarisation is due to rapid influx of Ca<sup>2+</sup> via fast channels
  - c) during depolarisation, Na<sup>+</sup> permeality is greater than K<sup>+</sup> permeality
  - d) hyperpolarisation is due to continuous opening of Na<sup>+</sup> channels
  - e) plateau is formed by slow Ca<sup>2+</sup> channels
- 18 Which is FALSE regarding secondary active transport?
  - a) it always transports substances in one direction
  - b) energy required is obtained by Na<sup>+</sup>/K<sup>+</sup> ATPase pump
  - c) a good example is Na<sup>+</sup> / glucose co-transport
  - d) Na<sup>+</sup> / Ca<sup>2+</sup> antiport is an example of secondary active transport
  - e) secondary active transport occurs in renal tubules
- 19 Which is TRUE?
  - a) steroids act via cAMP
  - b) insulin acts via IP<sub>3</sub>
  - c) EGF+ erythropoietin act via cAMP
  - d) thyroid hormones act via G proteins
  - e) retinoic acid act via intracellular receptor → transcription of genes
- 20 Na<sup>+</sup> / K<sup>+</sup> ATPase pump which is FALSE?
  - a) it is electrogenic in nature
  - b) it is important in maintaining cell volume
  - c) plays a major role in secondary active transport
  - d) it is the main factor which determine the resting membrane potential
  - e) it is an example of primary active transport
- 21 Regarding serotonin:
  - a) the highest concentration is in the brain
  - b) formed by hydroxylation and decarboxylation of tyrosine
  - c) catabolised by COMT
  - d) some receptors are ion channels
  - e) mediates smooth muscle relaxation

- 22 GABA:
  - a) decreases Cl<sup>-</sup> conductance
  - b) is broken down by glutamate decarboxylase (GA????)
  - c) there are five receptor subtypes
  - d) benzodiazepines bind to the β subunit of the GABA receptor
  - e) is involved in 20% of CNS synapses
- 23 Which is NOT present in high concentrations, at the active zone of synapses?
  - a) syntaxin
  - b) catecholamine vesicles
  - c) neuropeptide vesicles
  - d) synaptobrevin
  - e) calcium channels
- 24 Which is not a ligand-gated ion channel?
  - a) nicotinic receptor
  - b) GABA<sub>A</sub> receptor
  - c) glycine receptor
  - d) NMDA receptor
  - e) 5-HT<sub>1</sub> receptor
- 25 Which drug is NOT involved in facilitating Cl conductance?
  - a) benzodiazepines
  - b) progesterone
  - c) oestrogen
  - d) barbiturates
  - e) alcohol
- 26 Regarding skeletal muscle:
  - a) isotonic contraction does no work
  - b) calcium is released from troponin during contraction
  - c) the resting membrane potential is -70mV
  - d) treppe occurs in skeletal muscle only
  - e) white muscle has short twitch durations
- 27 Regarding cardiac muscle:
  - a) gap junctions provide high resistance bridges
  - b) T system of tubules located at A-I junctions
  - c) calcium binds to calmodulin
  - d) tetany is not possible due to the latch bridge mechanism
  - e) ↑cAMP leads to ↑ force of contraction

#### 28 Regarding smooth muscle:

- a) tropomyosin is absent
- b) the resting membrane potential is -90mV
- c) there is a highly developed sarcoplasmic reticulum
- d) there are no spike potentials
- e) dense bodies are attached to the cell membrane

#### 29 Regarding synapses:

- a) large vesicles contain ACh
- b) Na<sup>+</sup> influx triggers fusion / exocytosis of vesicles
- c) I PSP can be produced by closing K channels
- d) the synaptic cleft is 100-150nm
- e) neurotransmitters migrate down the axon by fast axoplasmic transport

#### 30 Regarding acetylcholine:

- a) it is oxidised to choline and acetate by acetylcholinesterase
- b) nicotinic receptors are blocked by atropine
- c) it is the main excitatory transmitter in the spinal cord
- d) it is secreted by the adrenal medulla
- e) tetanus blocks its release at the NMJ

#### 31 Regarding synaptic structure / function:

- a) small clear vesicles in the presynaptic tunnel contain catecholamines
- b) tetanus toxin causes spastic paralysis by blocking release of ACh at NMJ
- c) chemical mediators located in ???? of presynaptic fibres contain one-way conduction of impulses
- d) the EPSP is an all-or-none response
- e) An I-PSP can be produced by localised increase in membrane permeability to Cl

#### 32 Transmitters – all are true EXCEPT:

- a) angiotensin II is a neurotransmitter of the polypeptidillars
- b) glutamate is an inhibitory amino acid
- c) glucagons is found in hypothalamus and retina
- d) vasopressin is found in posterior pituitary, medulla, spinal cord
- e) serotonin is an amine
- f) NO and CO may be transmitters CNS

#### 33 Neurotransmitters:

- a) atropine blocks effect of acetylcholine at ???? receptor
- b) reaction between active acetate and choline is catalysed by acetylcholinesterase
- c) nicotinic cholinergic receptors are serpentine receptors
- d) the rate limiting step in synthesis of NOVA is ?????(concussion) of tyrosine to dopa
- e) MAO<sub>A</sub> is found in nerve endings and platelets

## **Nerves and Muscles**

# **Section 1 – Answers**

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